

Instantaneous Changes from Structured Breathing™ (Part 2)

A question looms in front of everyone who holds a Natural Action Technologies (NAT) Structured Water Unit in their hands. “Can an NAT structuring device really improve my health?”

With that question in mind, we offer these energetic insights with the help of the GDV camera. We ran a GDV baseline of a test subject, and then request they use an NAT Original Portable Unit while breathing with Brain Wave Pattern techniques presented in the paper,

“Structured Breathing™ With Natural Action Technologies Structured Units”

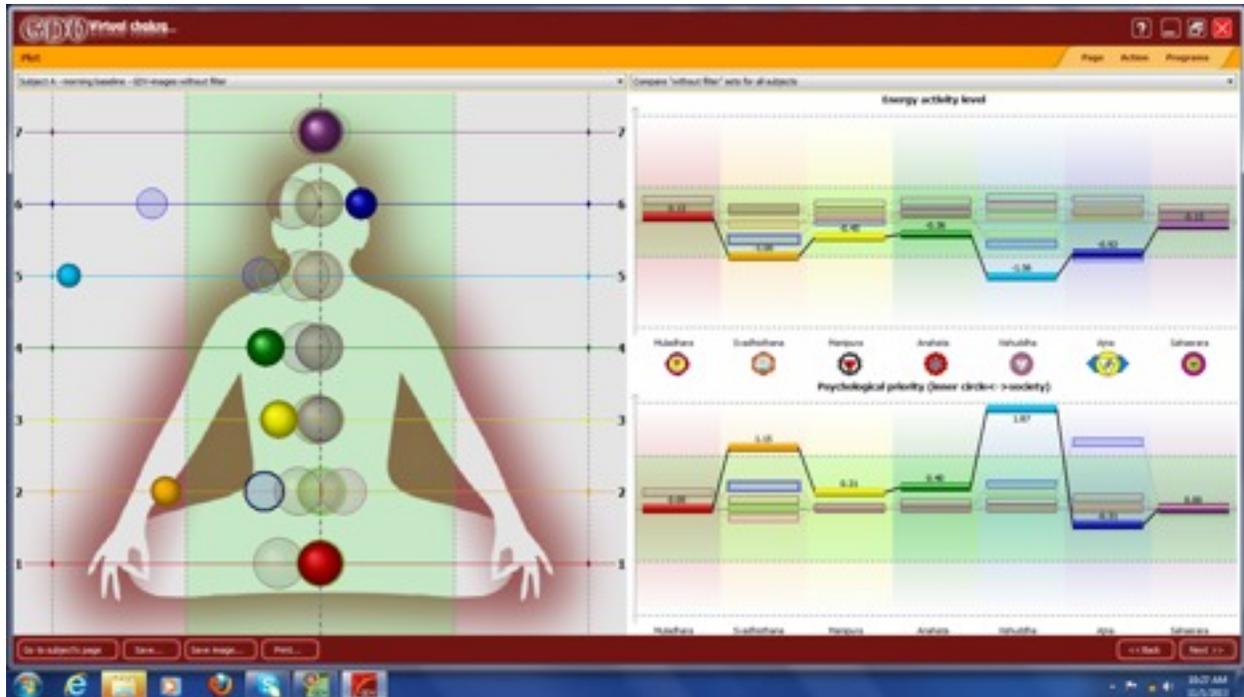
Please refer to this paper for more insight on the different Brain Wave Breathing Techniques.

The following GDV photos are from the GDV Virtual Chakra Program. The time elapsed between breathing and picture taking was only 5 minutes between each breathing and picture taking set. The entire session was roughly 20 minutes. The photo order presents as follows:

- 1) Baseline in morning before Structured Breathing™
- 2) After Structured Breathing™ with 27 breaths of Alpha Brain Wave Breathing
- 3) After Structured Breathing™ with 18 breaths of Theta Brain Wave Breathing
- 4) After Structured Breathing™ with 18 breaths of Delta Brain Wave Breathing

Summary and Discussion follow after each picture, and at the end of the paper.

Baseline in Morning before Structured Breathing™

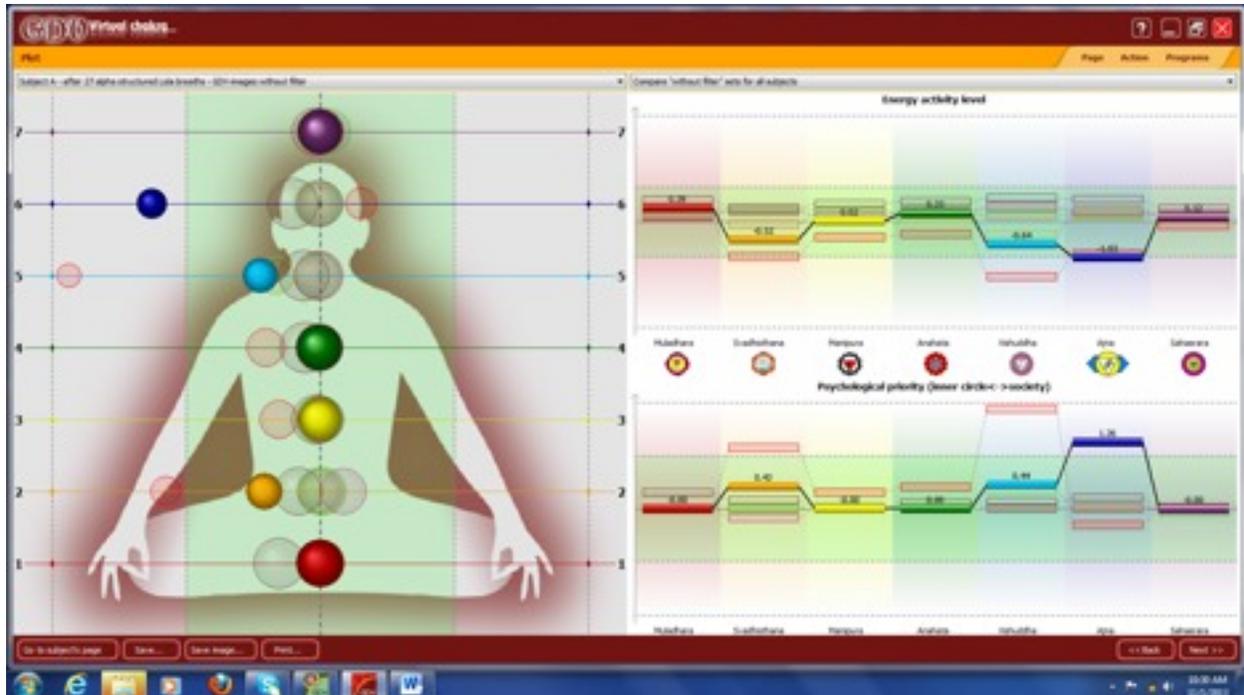


GDV Photo 1. Baseline in morning before Structured Breathing™

The GDV Virtual Chakra Program shows the test subject very emotional with the 5th and 2nd Chakras moving out extremely to the left past normal parameters. Their emotional scenario with a loved one is creating a high degree of stress in their life. We also see a lot of movement around the heart 4th Chakra and Stomach 3rd Chakra, also towards the left. This direction suggests the person reaching out to society for an answer to resolve this current situation. Conversely, on the same photo, we see the intuitive 3rd eye of the 6th Chakra reaching inward for resolution.

The smaller sizes here of the Chakra circles in the 5th and 2nd Chakras show that stress is weakening this person's energy quite significantly.

After Structured Breathing™ with 27 breaths of Alpha Brain Wave Breathing



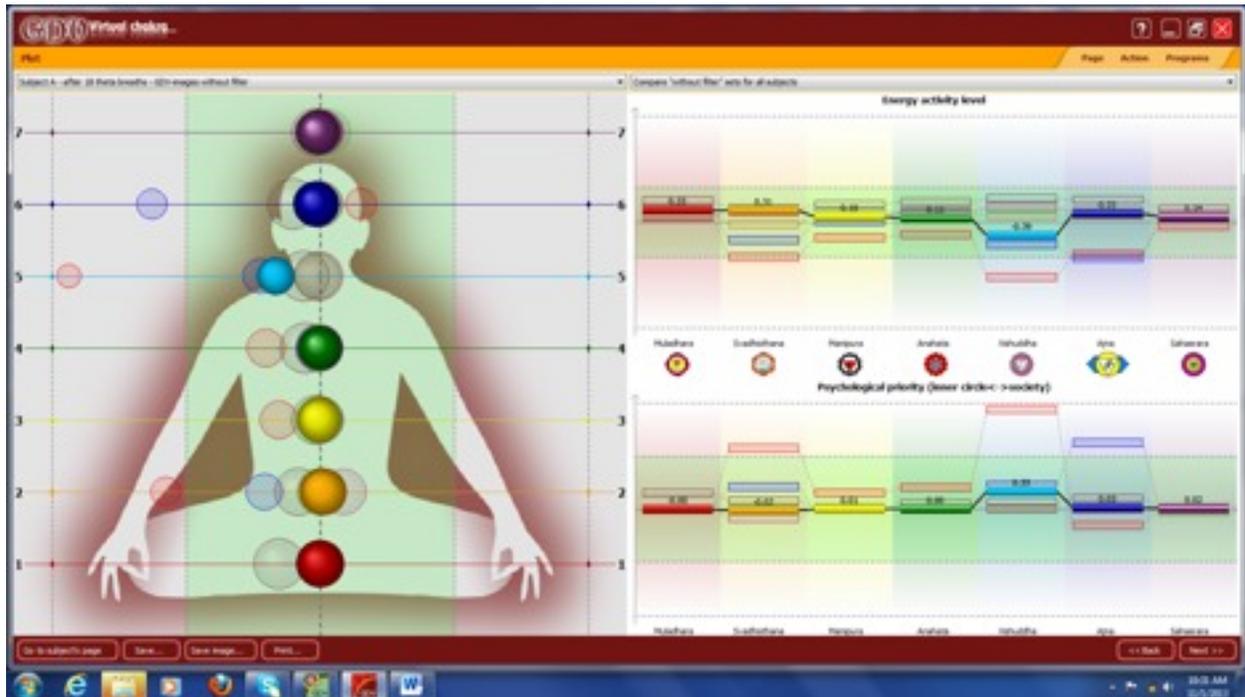
GDV Photo 2. After Structured Breathing™ with 27 breaths of Alpha Brain Wave Breathing

Here we see many Chakra alignments shifting immediately after Structured Breathing™ with Alpha Wave Breathing. Strikingly, both the excess 5th and 2nd Chakras have been brought very far back into normal parameters. Interestingly, the 6th Chakra of intuition has been shifted dramatically left outside of normal parameters, from inwards to outwards.

The 3rd and 4th Chakras have completely realigned to center.

In practical terms, the subject noted an improved sense of being. A lot of excess energy became still and centered. There was a notable change of balance in their breathing as well. Pulses starting shifting back to normal from where they originally began.

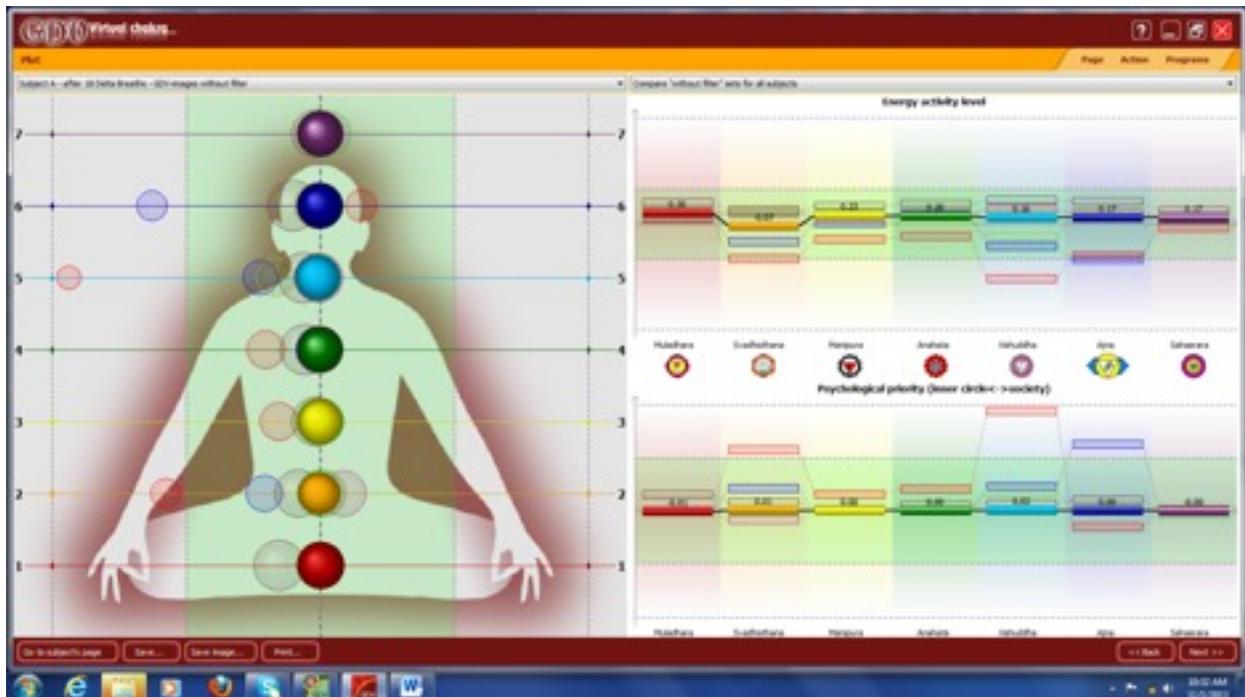
After Structured Breathing™ with 18 breaths of Theta Brain Wave Breathing



GDV Photo 3. After Structured Breathing™ with 18 breaths of Theta Brain Wave Breathing

Incredibly, we see a return to center of all the circles but the 5th Throat Chakra of Communication. Significantly, all the Chakra circles have returned to a much higher energy size.

After Structured Breathing™ with 18 breaths of Delta Brain Wave Breathing



GDV Photo 4. After Structured Breathing™ with 18 breaths of Delta Brain Wave Breathing

Now, after the final Delta Brave Wave Breathing, even the 5th Chakra has returned to center. The balls have all even returned to the same size.

The subject noted at the end of these three Structured Breathing™ episodes how they could function much more smoothly. More significantly, they were able to function in a way that was directed while relaxed. The scattered feelings 20 minutes prior had faded into the ether. They were now ready to begin a functional and achievement-oriented day. Physically, they noted a much better state of being. It was as if they really didn't sense their body in any negative way. Breathing and other functions felt very smooth and easy.

Summary and Discussion

This was a first look into using the GDV camera to progressively record the ability of Structured Breathing™ to create significant shifts in the human Emotional and Physical physiology when connected to Brain Wave pattern breathing. In reality, this is also a significant first for the understanding around the energetic potential of Structured Air.

The realignment of the Virtual Chakra photos speaks wonders to the incredible energetic effects delivered by Structured Breathing™. This series of GDV photos employing Structured Breathing™ with directed attention to various Brain Wave Patterns was completely, yet wonderfully, unexpected.

The potential of Structured Breathing™ for rectifying human imbalances in various physiological states appears here before our very eyes. It is an unknown therapy at this date of 2013. However, with this technology, we are at the cutting edge of a beautiful time for all humans to advance far beyond any current state of dysfunction.

Simply stated, Structured Breathing™ is something that any and every one could use every and any day. Positive state changes, as exemplified here in this short expose, are happening to all those tested to date. The use of Brain Wave Patterning in conjunction with NAT structured unit technology is obviously a very good thing. It holds in its magic, a bright and positive future for the human race, and all life.

Further study is not only required, but obviously warranted...and vice versa.

-Natural Action Technologies Research Team, 10/31/2013.