Natural Action Technologies, Inc.

presents

NAT Structured Water and Structured Breathing Reduce Stress 3

In the first paper entitled, “Structured Water and Structured Breathing Reduce Stress 1”, we saw a person in relatively good health, shift into even better health through lowered stress response via the use of NAT Structured Water and Structured Breathing.

In our second paper, “Structured Water and Structured Breathing Reduce Stress 2”, we presented a typical, high-stressed male improve dramatically with NAT Structured Water and Structured Breathing.

Now, in paper 3, we offer a similar story of these 2 powerful NAT energetics improving the health of a young woman in a very serious, life-threatening health scenario. We present here the case study of a patient who was almost dead in the hospital one month prior to the time of these images from the GDV software programs. Their complaint was abdominal pain, particularly in the liver region.

We offer more insights into how maximum performance can be gained from NAT Structured Energetics around emotions, stress, and health.

There is much wisdom to be gained by looking at the effects of Natural Action Technologies Structured Water and Structured Breathing in the context of emotions and human performance through the eyes of the Gas Discharge Visualization (GDV) technology. Refer to previous GDV papers for insights into GDV technology. What follows are several of their software programs.

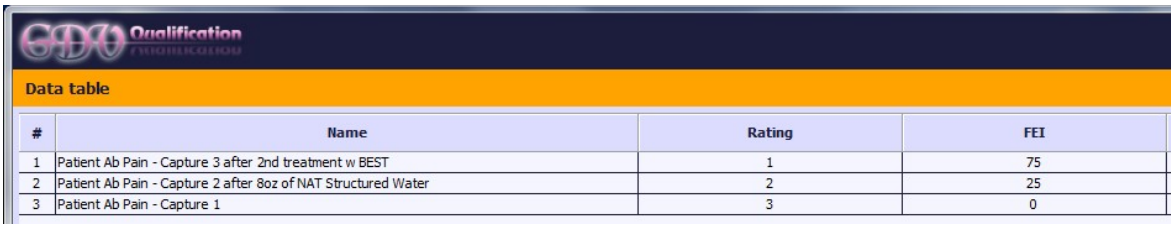
GDV Qualification Program Views

The GDV Qualification program is used to assess athletes for game readiness; or anyone for their ability to function. We see here this person’s baseline GDV Qualification Capture 1 (Pic 1) is at 0% (FEI) Functionality. Or, in other words, they were at 100% (ED) Dysfunctionality. Not a good place to be!

However, notice in one glass of Structured Water, 25% functionality had returned! It’s possible this was increasing even more with time, as the water kept working for the good of the patient.

Then observe, over two 30 minute sessions of emotional clearing therapy known as B.E.S.T., we see another marked shift in functionality (FEI) to 75%, or only 25% dysfunctionality! These B.E.S.T. treatments were performed twice: 1) right after drinking the structured water, and 2) the following day.

©2016, Natural Action Technologies.


GDV Qualification

Data table

#	Name	Rating	FEI
1	Patient Ab Pain - Capture 3 after 2nd treatment w BEST	1	75
2	Patient Ab Pain - Capture 2 after 8oz of NAT Structured Water	2	25
3	Patient Ab Pain - Capture 1	3	0

Pic 1. GDV Qualification Software. 40 year woman ab pain.
1) Baseline Capture 1, 2) After 8 oz NAT Structured Water, 3) BEST Treatments

This person's pain had begun to clear with the consumption of the structured water and it was virtually gone after the two B.E.S.T. (Bio Energetic Synchronization Technique) emotional clearing sessions. In months to follow, we would discover Structured Breathing.

Then, we discovered that Structured Breathing could deliver similar results as here with B.E.S.T.! In other words, the results you will see here produced with B.E.S.T., have now been produced with Structured Breathing, exemplified in the first 2 papers.

B.E.S.T. and N.E.T. (Neural Emotional Technique) are two techniques this practitioner had employed with thousands of patients in 15 years of daily practice. These are phenomenal chiropractic modalities that take quite some time, effort, and investment to master.

They are the lifetime works of Dr. Ted Morter developing B.E.S.T. 1975, and Dr. Scott Walker and others developing N.E.T. late 1970s. They are highly respected and have practitioners of all modalities (MD's, Chiropractors, Acupuncturists, Psychologists, etc.) from around the world employing these sought after techniques daily to reduce their patient's stress and pain.

The case histories in the first two articles of this series, "NAT Structured Water and Structured Breathing Reduce Stress", show how NAT Structured Water & Breathing quickly reduced stress.

This third case history further demonstrates how NAT Structured Water and Structured Breathing do the same. This makes daily stress reduction possible for the common man and woman with an NAT Structured Unit. Will structured energetics become its own therapeutic modality?

Through these case histories on stress, the GDV technology helped us to learn and re-learn the very important lesson: emotions are very tied into human performance, pain, and health. They have been taught for years by the inventive and studied practitioners of B.E.S.T. and N.E.T., and others such as acupuncturists, etc.

Now, Natural Action Structured Water and Breathing teach us too. See how the GDV helps us to learn more about this as we go further into its programs.

©2016, Natural Action Technologies.

GDV Virtual Chakra Program Views

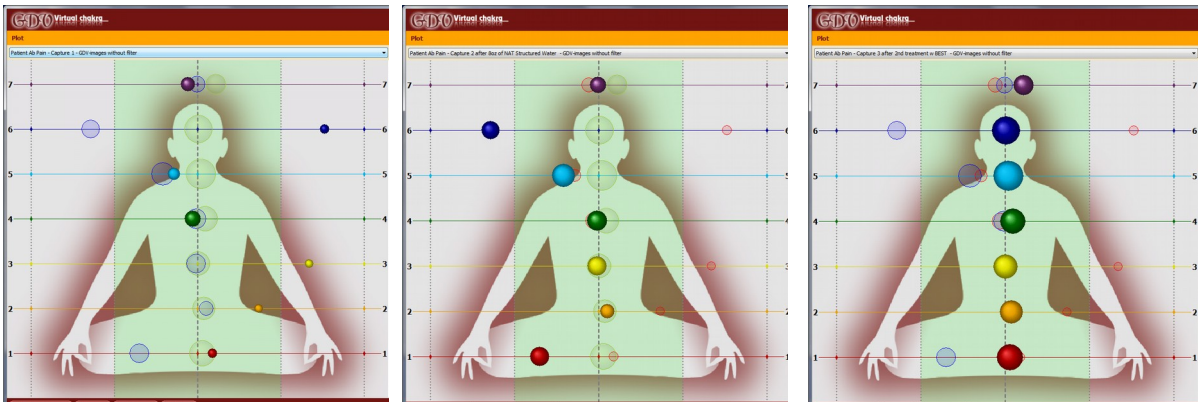
The GDV Virtual Chakra Program gives us an elegant and colorful view of the Chakra Line. It compares the emotional state of this patient with the physical state. It is a dramatic view of where their energy and alignment begins in terms of the emotional body versus the physical body. This is strength of the GDV technology, seen in the software programs presented below.

In Pic 2, we see 3 GDV Virtual Chakra views of the emotional body.

The **left** photo is the advent of their GDV reading. It shows this person was in dis-ease from emotions. It also shows they are going into deep despondency and loss of energy (small circles on right side of green health box). A prior difficult relationship was the root issue. It presents in the patient as "physical" pain.

Now, when NAT structured water enters, as in the **center** picture, notice the dramatic shift and relief that structured water gifts this person. This is quite an unbelievable return to balanced emotional energy and alignment (larger circles, all chakras now in the green health zone except one). Structured Water has the ability to help us in so many ways, especially emotionally! Comfort began returning to the patient with the first glass of structured water.

Then in the **right** picture, we see a beautiful realignment of the Chakra line with energy and alignment returning to almost complete balance…an amazing shift from their baseline (left)!



Pic 2. Virtual Chakra Emotional. 40 year woman ab pain.
Patient Baseline (left) After 8 0z. Structured Water After 2- 30 min Emotional Clearings

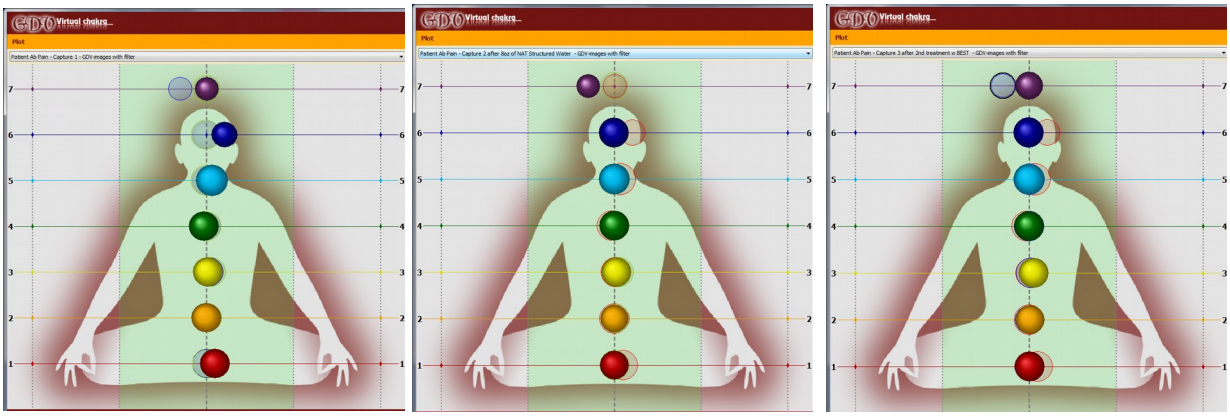
It was a great shift for them when the emotions were cleared out around their previous toxic relationship. Realize the incredible difference between the baseline (left) emotional photo and after Structured Water (center) and treatments (right). The patient's pain was all but gone.

In contrast to the Emotional Body Chakra line above, look below to Pic 3, the Physical Body Chakra line.

©2016, Natural Action Technologies.

Notice these Physical Chakra lines are aligned quite well throughout all the scenarios, i.e., (1. Baseline, 2. Structured Water, and 3. BEST Treatments). Also, they display big circles (good energy). Interestingly, by only looking at the physical body energy and their good, vertical alignments, one might ask, "Why IS this person even sick?"

Unlike the Emotional Body photos, these Physical Body Pic 3 photos look centered and energetically sufficient from baseline through structured water, and even BEST treatments.



Pic 3. Virtual Chakra Physical. 40 year woman ab pain.
Patient Baseline (left) After 8 0z. Structured Water After 2- 30 min Emotional Clearings

If we were to learn anything from this expose, **we must understand that behind EVERY health challenge, there is a negative emotional scenario that is connected with the health complaint**. It doesn't necessarily have to be a big event like this one here.

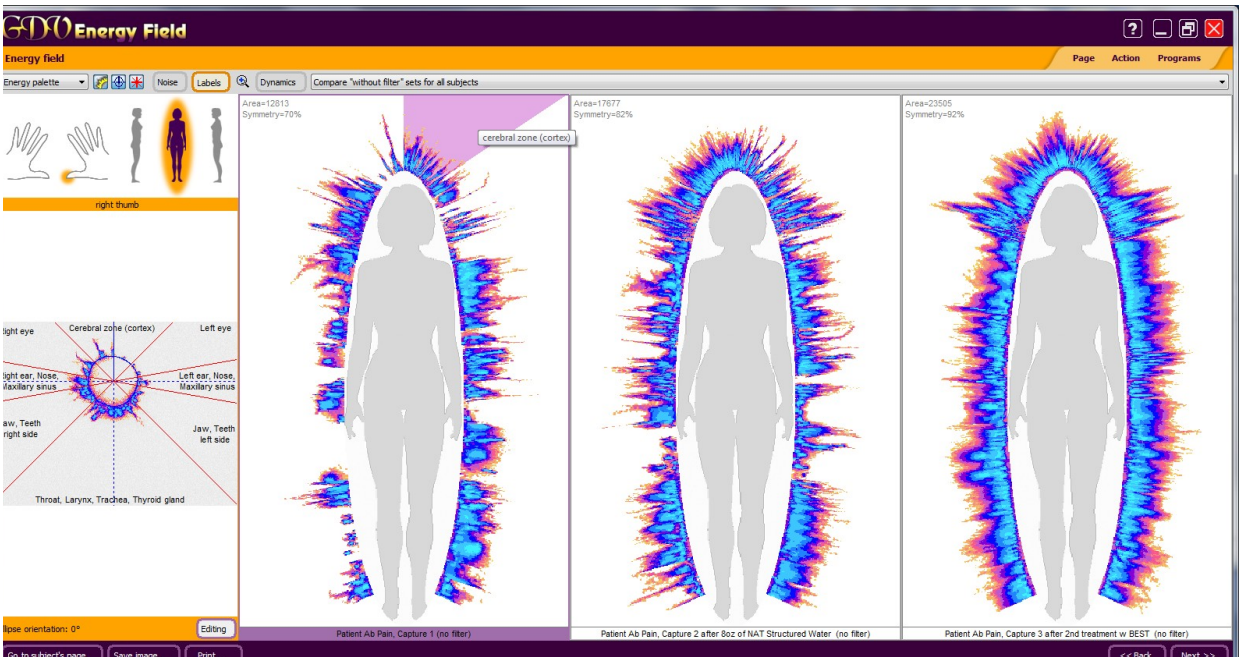
Even a small health challenge, such as a common cold or a sprained ankle, has emotional significance to the body. Please keep this in mind as you view the GDV images and ask yourself, How are you…releasing those now?

GDV Energy Field Program Views

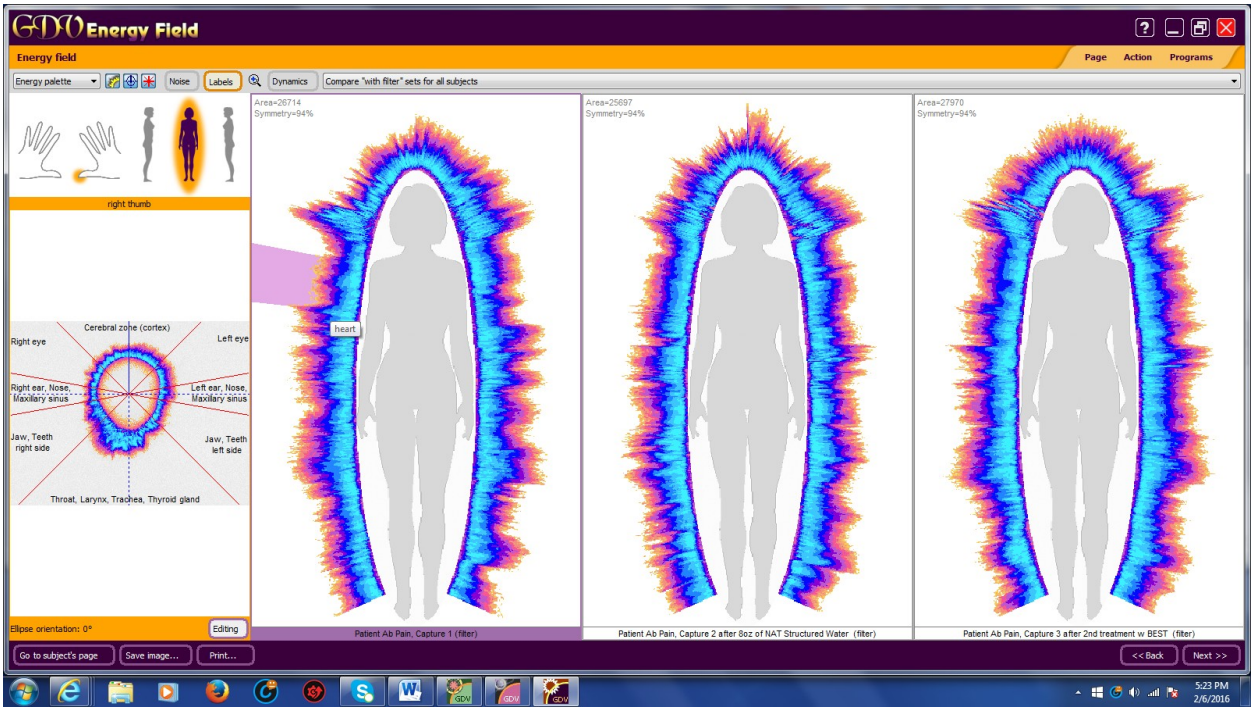
The GDV Energy Field photos (Pics 4 & 5) give us incredible insights into a person's auric field. In this case history, the energetic differences between GDV photos of the baseline (left) to structured water (center) to the cleared emotions views are substantial! (See Pic 4 below); moreover, they are extremely important for the physical health of the patient.

This main point bears repeating. Again, if one were to only look at the physical energy field, one might ask, "Why is this person sick?" As our vision expands beyond the physical, the answer becomes so clear when the emotional energy field is addressed.
Again, **when are we too understanding that behind EVERY health challenge, there is a negative emotional scenario that is connected with that health complaint**?

©2016, Natural Action Technologies.



Pic 4. GDV Energy Field. 40 year woman ab pain. Emotional Body Progression.
1) Baseline (left) > 2) 8 oz. Structured Water (center) > 3) Emotional clearing (right).



Pic 5. GDV Energy Field. 40 year woman ab pain. Physical Body Progression.
1) Baseline (left)> 2) 8 Oz. Structured Water (center) > 3) Emotional Clearing (right).

From these incredibly contrasting views of emotional and then physical body energy of the same person, there can be no doubt where the real dilemma lies for their health solution.

©2016, Natural Action Technologies.

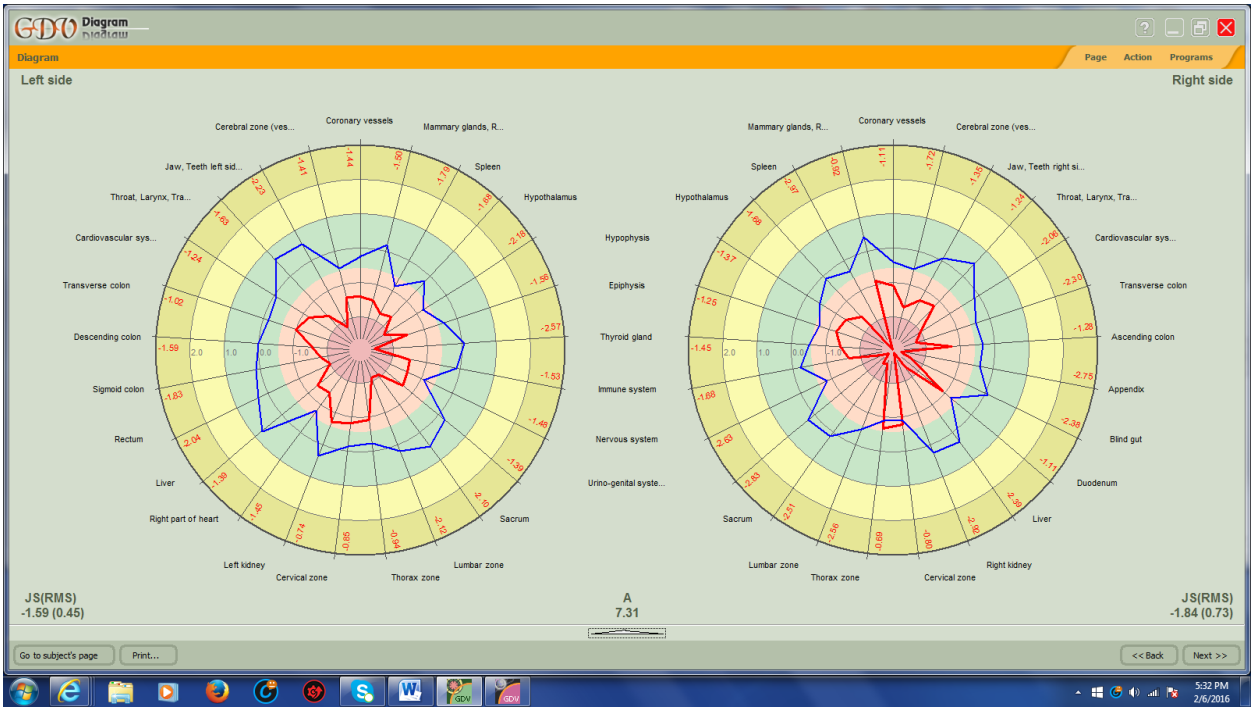
This is not to overlook the multitude of physical reasons for health challenges; for there are many. However, when emotionality is addressed, the body begins to right many wrongs. Immune system functions strengthen. Breathing returns to new levels of oxygenation. The brain regulates the body in ways not seen before.

The startling contrast of the physical body to the emotional body relates to us the importance of emotional congruency with physical health. The physical body shows greater energy because of emotional betterment. Pain is set free. Life begins anew.

GDV Energy Diagram Program Views

The GDV Energy Diagram is an overall perspective of the body's organ/endocrine/body parts from the perspective of deficiency and excess, balanced or imbalanced. It also allows an instant understanding of a patient's stress level through the A rating (or Activation Coefficient). The energy of each side (left/right, a.k.a., laterality) of the body is also looked at.

Through the Energy Diagram (Pic 6), we can immediately revisit the striking difference in the baseline between the emotional body (red line) and the physical body (blue line).

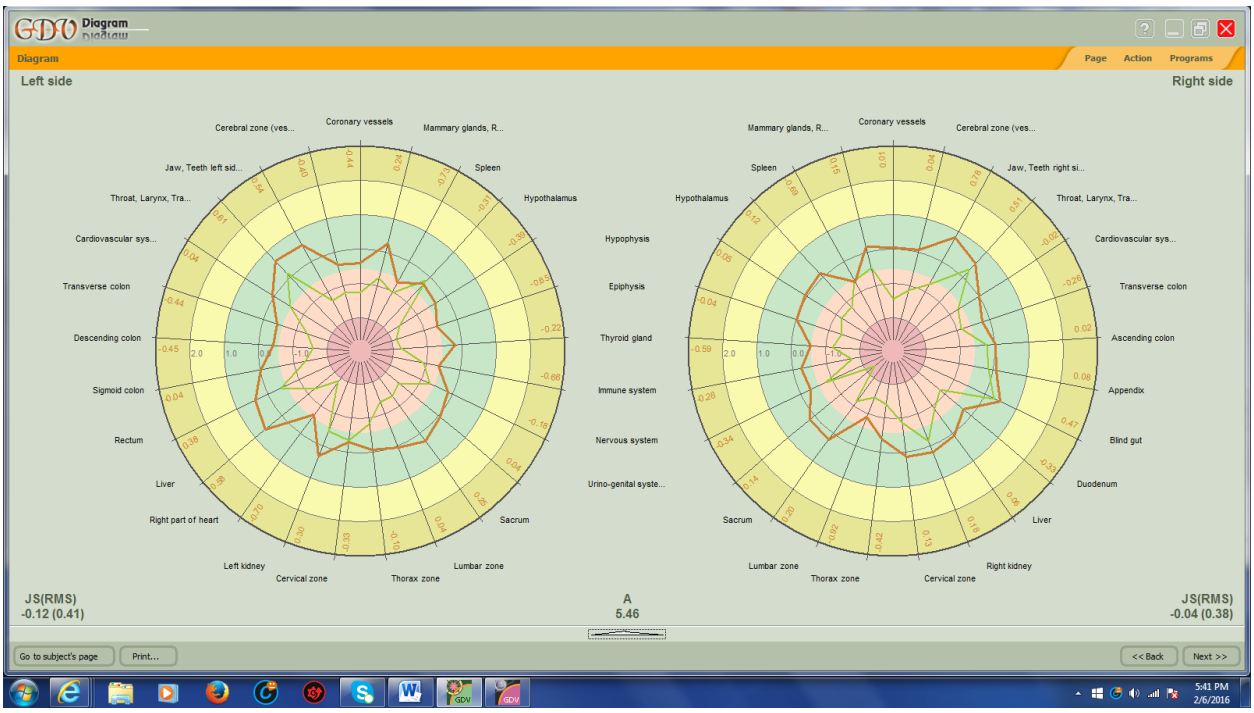


Pic 6. GDV Energy Diagram. 40 year woman ab pain Baseline 1.
Emotional (Red) and Physical (Blue) Body Progression.

In this case history, both lines are under significant stress, shown by the A-rating of 7.31 (normal stress = 2-4) and the sharp angularity of each line. However, the emotional red line is taking the body into deep deficiency, more so on the right side as shown by so much of the red line angling

sharply into the deep pink “bullseye” (deep deficiency state). The blue line, though angular, is mainly in the blue green (healthy) zone of the Energy Diagram. In this way, we can say that the blue line is healthy (in the blue green zone), but the angularity is a result of the underlying emotional body’s influence.

With a different person, if the blue line were also in the deep pink it would be even more serious than it already is.



Pic 7. GDV **Energy Diagram. 40 year woman ab pain. After 8oz Structured Water. Emotional (Green) and Physical Body (Brown) Progression.**

Now, enter NAT Structured Water! (See Pic 7) As the water clears the emotions of turbulence (Pic 7), the blue line (now brown) and the red line (now green) lose the extreme angularity and become increasingly more rounded, smoother, and closer together; a harbinger of the return of oncoming prosperous and balanced emotional health.

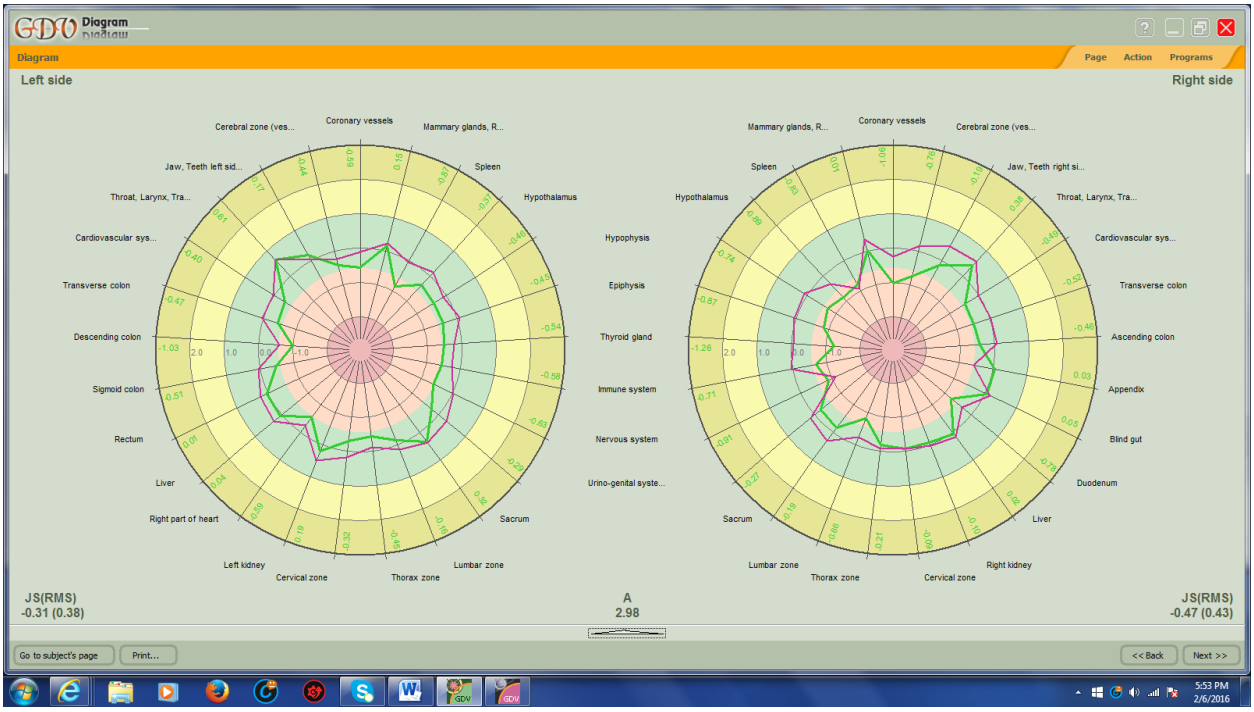
How incredible is the difference? So noticeable! The angularity of the emotional green line has pulled way back out of deep pink (deep deficiency) into the lighter pink (light deficiency). The physical has responded by rounding out and loosing angularity as well.

The stress level (A-rating) has shifted beautifully from 7.31 down to 5.46! This alone is bringing the person to a significantly more comfortable level.

©2016, Natural Action Technologies.

Laterality has also entered into a significantly more balanced zone. Just the drop alone of the Right Side -1.84 down to -0.94 indicates an improvement in the balance of energy flow throughout the body. There is no denying Structured Water has made a difference!

Next, this person goes into two emotional clearings below (Pic 8.)



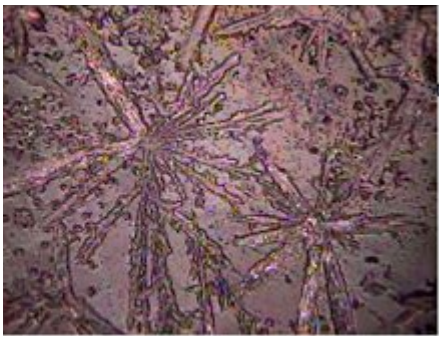
Pic 8. GDV Energy Diagram. 40 year woman ab pain. After 2 B.E.S.T. Emotional Clearings. Emotional (Green) and Physical (Purple) Body Progression.

We bring in the modality of B.E.S.T. treatments to clear away old emotions around the burdensome relationship and other residual negative emotional scenarios. With 2 emotional clearings under their belt, the patient has come so far out of deep deficiency as to be remarkably back into mostly the blue-green (healthy) area…in just two days. B.E.S.T. is amazing! We now see that Structured Breathing and Water are too!...possibly doing the work of a 20 minute B.E.S.T. treatment in 2 minutes of Structured Energetics.

This person is off to a new start of health and body performance.

It is interesting to note: These case history GDV pictures are taken at a given point in time. How much more would NAT structured water clear out their stress on its own without other modalities? To lend insight into that answer, we offer this picture (Pic 9 below) of crystallized salts of structured water expanding outward in terms of energetic movement. If we were to envision the energy of structured water continuing to expand in the crystals in this photo, how much more is possible?

©2016, Natural Action Technologies.



Pic 9. Structured Water Crystallized Salts 400x

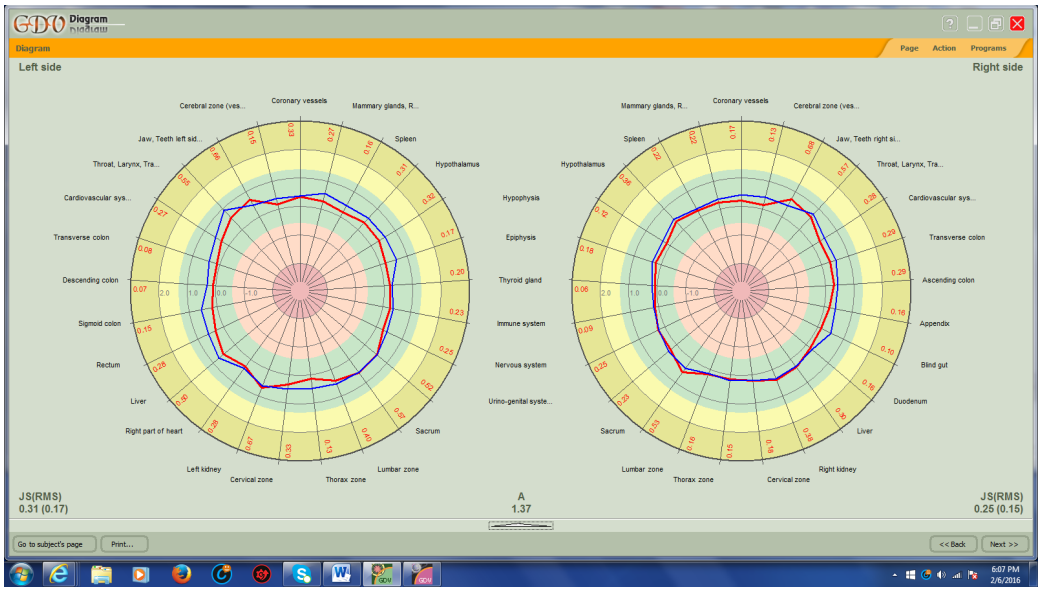
For, if the structured water instantly upgraded the functionality of this person to 25% (as seen in the GDV Qualification Program on Page 2), how much more would it have done over a period of time… i.e., 1 week? 1 month? 1 year? Though perhaps slower than such chiropractic or acupuncture treatments, would the structured water move to clear the negative emotions in time, much like the Colorado River leaving its mark on the Grand Canyon?

Though B.E.S.T. is a treatment modality of chiropractic nature, the GDV allows us to see that NAT structured water IS chiropractic. Structured Breathing (discovered after these GDV photos) IS chiropractic. Both align the spine. Both bring the body to greater structural and emotional balance.

GDV Perspective from another person with more treatments

For reference and perspective, below in Pic 10 are the GDV Energy Diagram lines of a person after many emotional clearings and relatively good health. These circular lines denote performance stability and a balanced, productive physical and emotional being. A very low stress level is indicated by A 1.37.

©2016, Natural Action Technologies.



Pic 10. GDV Energy Diagram. Another person with more emotional clearing treatments.

Note the more rounded circles hovering closer to one another (interwinded and/or overlayed) *and* very close to the 0.0 good health line in the blue green zone of excellent health. This is where everyone could be and even better!

The closeness of the right and left side RMS numbers also note good, balanced energy flow from side to side. In other words, the body is not blocking energetic flow on either side of the body.

When contrasted to Pic 6 of our 40 year woman with Ab pain, the difference is tantamount to health.

Great Days Ahead!

Through these GDV observations, we see the possibility of readjusting the entire spine and body through the directed use of NAT structured energetics and to right the wrongs of the body's imbalances. Great days have arrived for those who seek their optimal performance.

The time is now to be the best you can be!
How soon will you live it?

Tim Toula

Research at Natural Action Technologies, Inc. 2/6/16

©2016, Natural Action Technologies.